Sandbach U3A Non Fiction Book Group

2012/2013

Science – Neuropsychology/Psychiatry

Oliver Sachs, The Man Who Mistook His Wife for a Hat

Norman Doidge, The Brain that Changes Itself

Biography/Politics

Tristram Hunt, The Frock Coated Communist

Marx and Engels, The Communist Manifesto

Nature Writing

Roger Deakin, Waterlog: A Swimmer's Journey through Britain

Robert Macfarlane, The Wild Places

Biography

Diana Athill, Somewhere Towards the End

John Mortimer, Summer of a Doormouse

Historical Biography/Philosophy

Richard Ingrams, The Life and Adventures of William Cobbett

John Deane, Tom Paine

Thomas Paine, The Rights of Man

Science – Biology

Steve Jones, Almost Like a Whale

Darwin's Island, The Galapagos in the Garden of Eden

Charles Darwin, The Origin of Species

Family Biography

Edmund Gosse, Father and Son

Margaret Foster, Hidden Lives

Politics/ Environment

Richard Wilkinson and Kate Pickett, The Spirit Level

Tim Jackson, Prosperity Without Growth

Nature Writing/History

Adam Nicolson, Sea Room

Alistair Moffat, Sea Kingdoms

Travel

Eric Newby, A Short Walk in the Hindu Kush

Freya Stark, Minaret of Djam: An Excursion in Afghanistan

Philosophy

Julian Baggini, The Ego Trick

Alain de Botton, The Consolation of Philosophy

Extract from Hume's writings